



Day 4 - Sorry Light and darkness



For today's session you will need five night lights or one candle.
There are many, **many times in our lives when we need to say sorry**; a time of darkness.
Jot down five things that you need to say sorry to God for today.

With each prayer asking for forgiveness light one of your candles.
At the end of your prayer time blow the candles out one at a **time praying each time that the blowing out becomes the breath and love of God in his forgiveness** touching the life of your friend and bringing them from darkness into light. (If you only have the one candle you will have to blow it out after each prayer and relight.)



Out of darkness came light

Light a candle of hope
each night and put it
in your window.



Blessing

May the blessings of light be always yours,
light which guides, illuminates, reveals and gives growth,
And may the blessings of darkness be always yours,
darkness which nurtures, evokes wonder, heals and gives growth.
May you know God's love for you from the rising of the sun until its setting,
and from the setting of the sun until its rising may you know God's peace.
As you continue to dig deep for the treasures of darkness
may you be given emeralds on which to rest tired eyes,
And as you continue to soar into the realms of light may angels minister to you.
And may Jesus, the Son of Light and the Prince of darkness
be your Dayspring and your Nightstar, today, tonight and evermore. Amen.